

## **HOW DO I FIND OUT WHAT TEAM MY CHILD IS ON?**

Your child's coach will contact you after he or she is given the team roster at the coaches' meeting.

## **WHAT EQUIPMENT DOES MY CHILD NEED TO PLAY FLAG FOOTBALL?**

Uniform – Your player will be provided with a jersey, shorts, and a flag belt.

Mouth Guards are required for all Flag Football players and are not provided by the league. Players will not be permitted to play in games without a mouth guard.

Cleats/shoes – cleats or turf shoes are not required but encouraged. Wet grass or turf is hard to navigate in sneakers or regular running shoes. Metal cleats are not allowed.

## **WHEN ARE GAMES USUALLY PLAYED?**

Regular season games are played on Saturday's. The playoffs games will be scheduled on Friday evening. All times will be posted on your child's team schedule.

## **WHEN WILL PRACTICES START?**

Practices typically start 1-2 weeks prior to the Season Opener

## **IF I HAVE FURTHER QUESTIONS, WHO DO I CONTACT?**

Email: [president@coronadoflagfootball.org](mailto:president@coronadoflagfootball.org)